

# Fruit sauce

## For 4 servings Large glass dish with lid

### **Ingredients**

250g raspberries 125g blackberries or blueberries 125g strawberries 1 organic lime 200ml currant juice 100 g sugar

- 2-3 tbsp cornflour
- 2-3 tbsp water

#### Method

- 1. Wash the berries, trim and strip the currants from the stalks. Wash the organic lime in hot water, dry, grate the zest and squeeze out the juice. Place the berries in a glass dish. Mix with the currant juice, lime juice and zest and sugar.
- **2.** Whisk the cornflour with water and stir into the berries. Bring the sauce to the boil in the closed glass dish as indicated. Stir while cooking.
- 3. Serve.

### **Setting procedure:**

Glass dish with lid on the wire rack, level 2 Microwave 600 watts Cooking time: 8-12 minutes