

[en] Instruction manual

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Additional information on products, accessories, replacement parts and services can be found at **www.bosch-home.com** and in the online shop **www.bosch-eshop.com**

▲ Important safety information

Read these instructions carefully. Only then will you be able to operate your appliance safely and correctly. Retain the instruction manual and installation instructions for future use or for subsequent owners.

These instructions are only valid if the appropriate country symbol appears on the appliance. If the symbol does not appear on the appliance, it is necessary to refer to the technical instructions which will provide the necessary instructions concerning modification of the appliance to the conditions of use of the country.

Appliance category: Category 1

Check the appliance for damage after unpacking it. Do not connect the appliance if it has been damaged in transport.

Only allow a licensed professional to connect the appliance and to convert the appliance to a different type of gas. The appliance must be installed (electric and gas connections) in accordance with the instruction and installation manual. An incorrect connection or incorrect settings may lead to serious accidents and damage to the appliance. The appliance manufacturer accepts no liability for damage of this kind. The appliance's warranty becomes void.

Caution:This appliance is for cooking purposes only. It must not be used for other purposes, for example room heating.

Caution:The use of a gas cooking appliance results in the production of heat, moisture and products of combustion in the room in which it is installed. Ensure that the kitchen is well ventilated especially when the appliance is in use: keep natural ventilation holes open or install a mechanical ventilation device (mechanical extractor hood).

Prolonged intensive use of the appliance may call for additional ventilation, for example opening of a window, or more effective ventilation, for example increasing the level of mechanical ventilation where present.

This appliance is not intended for operation with an external timer or a remote control.

This appliance may be used by children over the age of 8 years old and by persons with reduced physical, sensory or mental capabilities or by persons with a lack of experience or knowledge if they are supervised or are instructed by a person responsible for their safety how to use the appliance safely and have understood the associated hazards.

Children must not play with the appliance. Children must not clean the appliance or carry out general maintenance unless they are at least 8 years old and are being supervised.

Keep children below the age of 8 years old at a safe distance from the appliance and power cable.

Always slide accessories into the cooking compartment correctly. See "Description of accessories in the instruction manual.

Risk of fire!

A draught is created when the appliance door is opened. Greaseproof paper may come into contact with the heating element and catch fire. Do not place greaseproof paper loosely over accessories during preheating. Always weight down the greaseproof paper with a dish or a baking tin. Only cover the surface required with greaseproof paper. Greaseproof paper must not protrude over the accessories.

- Combustible objects that are left in the cooking compartment may ignite. Never store combustible items in the cooking compartment. Never open the appliance door if there is smoke inside. Switch off the appliance and unplug the mains plug or switch off the fuse in the fuse box. Shut off the gas supply.
- Hot oil and fat can ignite very quickly. Never leave hot fat or oil unattended. Never use water to put out burning oil or fat. Switch off the hotplate. Extinguish flames carefully using a lid, fire blanket or something similar.
- The hotplates become very hot. Never place combustible items on the hob. Never place objects on the hob.
- The appliance becomes very hot, and flammable materials can easily catch fire. Do not store or use any flammable objects (e.g. aerosol cans, cleaning agents) under or in the vicinity of the oven. Do not store any flammable objects inside or on top of the oven.
- When gas hotplates are in operation without any cookware placed on them, they can build up a lot of heat. The appliance and the extractor hood above it may become damaged or be set on fire. Grease residue in the filter of the extractor hood may ignite. Only operate the gas burners with cookware on them.
- The rear of the appliance becomes very hot. This may cause damage to the power cables. Electricity and gas lines must not come into contact with the rear of the appliance.
- Never place flammable objects on the burners or store them in the cooking compartment. Never open the appliance door if there is smoke inside. Switch off the appliance. Pull out the mains plug or switch off the appliance at the circuit breaker in the fuse box. Shut off the gas supply.
- The surfaces of the plinth drawer may become very hot. Only store oven accessories in the drawer. Flammable and combustible objects must not be stored in the plinth drawer.

Risk of burns!

The appliance becomes very hot. Never touch the interior surfaces of the cooking compartment or the heating elements. Always allow the appliance to cool down. Keep children at a safe distance.

- Accessories and ovenware become very hot. Always use oven gloves to remove accessories or ovenware from the cooking compartment.
- Alcoholic vapours may catch fire in the hot cooking compartment. Never prepare food containing large quantities of drinks with a high alcohol content. Only use small quantities of drinks with a high alcohol content. Open the appliance door with care.
- The hotplates and surrounding area (particularly the hob surround, if fitted) become very hot. Never touch the hot surfaces. Keep children at a safe distance.
- During operation, the surfaces of the appliance become hot. Do not touch the surfaces when they are hot. Keep children away from the appliance.
- Empty cookware becomes extremely hot when set on a gas hotplate that is in operation. Never heat up empty cookware.
- The appliance becomes hot during operation. Allow the appliance to cool down before cleaning.
- Caution: Accessible parts may be hot when the grill is in use. Young children should be kept away from the appliance.
- If the liquefied gas bottle is not upright, liquefied propane/butane can enter the appliance. Intense darting flames may therefore escape from the burners. Components may become damaged and start to leak over time so that gas escapes uncontrollably. Both can cause burns. Always use liquefied gas bottles in an upright position.

Risk of scalding!

- The accessible parts become hot during operation. Never touch the hot parts. Keep children at a safe distance.
- When you open the appliance door, hot steam may escape. Open the appliance door with care. Keep children at a safe distance.
- Water in a hot cooking compartment may create hot steam. Never pour water into the hot cooking compartment.

Risk of injury!

- Scratched glass in the appliance door may develop into a crack. Do not use a glass scraper, sharp or abrasive cleaning aids or detergents.
- Incorrect repairs are dangerous. Repairs may only be carried out, and damaged power and gas lines replaced, by an aftersales engineer trained by us. If the appliance is faulty, unplug the mains plug or switch off the fuse in the fuse box. Shut off the gas supply. Contact the after-sales service.
- Faults or damage to the appliance are dangerous. Never switch on a faulty appliance. Unplug the appliance from the mains or switch off the circuit breaker in the fuse box. Shut off the gas supply. Contact the after-sales service.
- Unsuitable pan sizes, damaged or incorrectly positioned pans can cause serious injury. Observe the instructions which accompany the cookware.
- Caution: Glass lids may shatter when heated. Turn off all the burners before shutting the lid. Wait until the oven has cooled down before closing the glass cover.



Risk of electric shock!

- Incorrect repairs are dangerous. Repairs may only be carried out by one of our trained after-sales engineers. If the appliance is faulty, unplug the mains plug or switch off the fuse in the fuse box. Contact the after-sales service.
- The cable insulation on electrical appliances may melt when touching hot parts of the appliance. Never bring electrical appliance cables into contact with hot parts of the appliance.
- Penetrating moisture may cause an electric shock. Do not use any highpressure cleaners or steam cleaners.
- When replacing the cooking compartment bulb, the bulb socket contacts are live. Before replacing the bulb, unplug the appliance from the mains or switch off the circuit breaker in the fuse box.
- A defective appliance may cause electric shock. Never switch on a defective appliance. Unplug the appliance from the mains or switch off the circuit breaker in the fuse box. Contact the after-sales service.

Causes of damage

Hob

Caution!

- Only use the burners when cookware has been placed on top. Do not heat up empty pots or pans. The saucepan base will be damaged.
- Only use pots and pans with an even base.
- Place the pot or pan centrally over the burner. This will optimise transfer of the heat from the burner flame to the pot or ban base. The handle does not become damaged, and greater energy savings are guaranteed.
- Ensure that the gas burners are clean and dry. The burner cup and ¶burner cap must be positioned exactly.
- Ensure that the top cover is not closed when the oven is started up.

Damage to the oven

Caution!

- Accessories, foil, greaseproof paper or ovenware on the cooking compartment floor: do not place accessories on the cooking compartment floor. Do not cover the cooking compartment floor with any sort of foil or greaseproof paper. Do not place ovenware on the cooking compartment floor if a temperature of over 50 °C has been set. This will cause heat to accumulate. The baking and roasting times will no longer be correct and the enamel will be damaged.
- Water in a hot cooking compartment: do not pour water into the cooking compartment when it is hot. This will cause steam. The temperature change can cause damage to the enamel.
- Moist food: do not store moist food in the cooking compartment when it is closed for prolonged periods This will damage the enamel.

- Fruit juice: when baking particularly juicy fruit pies, do not pack the baking tray too generously. Fruit juice dripping from the baking tray leaves stains that cannot be removed. If possible, use the deeper universal pan.
- Cooling with the appliance door open: only allow the cooking compartment to cool when it is closed. Even if the appliance door is only open a little, front panels of adjacent units could be damaged over time.
- Very dirty door seal: If the door seal is very dirty, the appliance door will no longer close properly when the appliance is in use. The fronts of adjacent units could be damaged.Always keep the door seal clean.
- Appliance door as a seat, shelf or worktop: Do not sit on the appliance door, or place or hang anything on it. Do not place any cookware or accessories on the appliance door.
- Inserting accessories: depending on the appliance model, accessories can scratch the door panel when closing the

appliance door. Always insert the accessories into the cooking compartment as far as they will go.

Carrying the appliance: do not carry or hold the appliance by the door handle. The door handle cannot support the weight of the appliance and could break.

Damage to the plinth drawer

Caution!

Do not place hot objects in the plinth drawer. It could be damaged.

Set-up, gas and electricity connection

Gas connection

Installation must only be performed by an approved expert or a licensed after-sales service engineer in accordance with the instructions specified under "Gas connection and conversion to a different gas type".

For the licensed expert or after-sales service

Caution!

- The setting conditions for this appliance are specified on the rating plate on the back of the appliance. The gas type set in the factory is marked with an asterisk (*).
- Before setting up the appliance, check the grid access conditions (gas type and gas pressure) and ensure that the gas setting of the appliance meets these conditions. If the appliance settings have to be changed, follow the instructions in the section "Gas connection and conversion to a different gas type".
- This appliance is not connected to a waste gas main. It must be connected and commissioned in accordance with the installation conditions. Do not connect the appliance to a waste gas main. All ventilation regulations must be observed.
- The gas connection must be made via a fixed, i.e. not mobile connection (gas line) or via a safety hose.
- If using the safety hose, ensure that the hose is not trapped or crushed. The hose must not come into contact with hot surfaces.
- The gas line (gas pipe or safety hose) can be connected to the right or left-hand side of the appliance. The connection must have an easily accessible locking device.

Safety information

The rated working pressure of your appliance is:

for natural gas (G20) 2 kPa;

for LPG (G30) 3 kPa;

for LPG (G31) 3,7 kPa.

Your appliance must be operated with these pressures. All the information on the rating plate of your appliance is based on these pressures. The manufacturer takes no responsibility for the resulting operability or performance of the appliance or for other risks if the appliance is operated with pressures other than those specified.

Caution!

If the pressure of your local gas supply is higher than: natural gas (G20) 2,5 kPa; LPG (G30) 3,6 kPa; or LPG (G31) 4,5 kPa; for safety reasons, the appliance must be equipped with a suitable pressure regulator. The connection, maintenance and setting of the pressure regulator must be carried out by an approved gas fitter.

If you do not know the pressure of your local gas supply, ask your gas supplier.

For your safety

This appliance is adjusted to operate on LPG only.

Faults in the gas installation/smell of gas

If you notice a smell of gas or faults in the gas installation, you must $% \left({{{\rm{s}}_{\rm{s}}}} \right)$

- immediately shut off the gas supply and/or close the gas cylinder valve
- immediately extinguish all naked flames and cigarettes
- switch off electrical appliances and lights
- open windows and ventilate the room
- call the after-sales service or the gas supplier

Burn back

Fire in burner tube or chamber

In the event of a burn-back, where the flame burns back to the jet, immediately turn off the gas supply at the control valve on the panel.

After ensuring the flame is extinguished, re-light the appliance in the normal manner.

Should the appliance again burn back, close the control valve and call a service technician. Do not use the appliance again until the service technician has declared that it is safe to do so.

Gas-pressure regulator

This appliance requires an operating pressure of 2,8 kPa at the appliance. A suitable LPG regulator that coplies with the requirements of SANS 1237 must be installed.

Important information for the user

This appliance may only be installed by a registeres LP Gas installer.

All registered installers are issued with a card carrying their registration number. Ask to be shown the card before allowing the installation work to be shown the card before allowing the installation work to commence and make a note of the installer QCC number.

Upon completion of the installation, the installer is required to explain the operational details of the appliance together with the safety instructions.

You should only sign for acceptance of the installation and be provided with a copletion certificate. You should only sign for acceptance of the installation when the installation is completed to your satisfaction.

Note that your invoice is required in the event that you wish make a quarantee claim.

Important information for the installer

This appliance may only be installed by a registered LP Gas installer registered with the Liquefied Petroleum Gas Association of Southern Africa.

The appliance must be installed in accordance with the requirements of SANS 10087-1 and any fire department regulations and/or local bylaws applicable to the area. If in doubt check with the relevant authority before undertaking the installation.

Upon completion of the installation you are required to fully explain and demonstrate to the user the operational details and safety practices applicable to the appliance and the installation.

Moving the appliance by the gas line or door handle

Do not move the appliance while holding the gas line; the gas pipe could be damaged. There is a risk of a gas leak! Do not move the appliance while holding it by the door handle. The door hinges and door handle could be damaged.

Electrical connection

Caution!

- Have the appliance set up by your after-sales service. A 16 A fuse is required for connection. The appliance is designed for operation at 220-240 V.
- If the electricity supply drops below 180 V, the electrical ignition system does not work.
- Any damage arising from the appliance being connected incorrectly will invalidate the guarantee.
- If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.

For the after-sales service

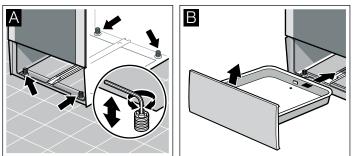
Caution!

- The appliance must be connected in accordance with the data on the rating plate.
- Only connect the appliance to an electrical connection that meets the applicable provisions. The socket must be easily accessible so that you can disconnect the appliance from the electricity supply if necessary.
- Please ensure the availability of a multi-pin disconnecting system.
- Never use extension cables or multiple plugs.
- For safety reasons, this appliance must only be connected to an earthed connection. If the safety earth terminal does not comply with regulations, safety against electrical hazards is not guaranteed.
- You must use a H 05 W-F type cable or equivalent for the appliance connection.

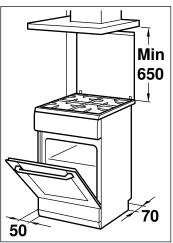
Levelling the cooker

Always place the cooker directly on the floor.

- 1. Pull out the plinth drawer and lift it up and out. There are adjustable feet at the front and rear on the inside of the plinth.
- 2. Use an Allen key to raise or lower the adjustable feet as necessary until the cooker is level (picture A).
- **3.** Push the plinth drawer back in (picture B).



Setting up the appliance



- The appliance must be set up directly on the kitchen floor and in line with the specified dimensions. The appliance must not be set up on any other object.
- The distance between the top edge of the oven and the bottom edge of the extractor hood must meet the requirements of the extractor hood manufacturer.
- Ensure that the appliance is not moved again after set up. The distance from the high output burner or wok burner to the fronts of the adjacent units or the wall must be at least 50 mm.

Measures to be noted during transport

Secure all mobile parts in and on the appliance using an adhesive tape that can be removed without leaving any traces. Push all accessories (e.g. baking tray) into the corresponding slots with cardboard at the edges, in order to avoid damaging the appliance. Place cardboard or similar between the front and rear side to prevent knocks against the inside of the glass door. Secure the door and, if available, the top cover to the appliance sides using adhesive tape.

Keep the original appliance packaging. Only transport the appliance in the original packaging. Observe the transport arrows on the packaging.

If the original packaging is no longer available

pack the appliance in protective packaging to guarantee sufficient protection against any transport damage.

Transport the appliance in an upright position. Do not hold the appliance by the door handle or the connections on the rear, as these could be damaged. Do not place any heavy objects on the appliance.

Your new cooker

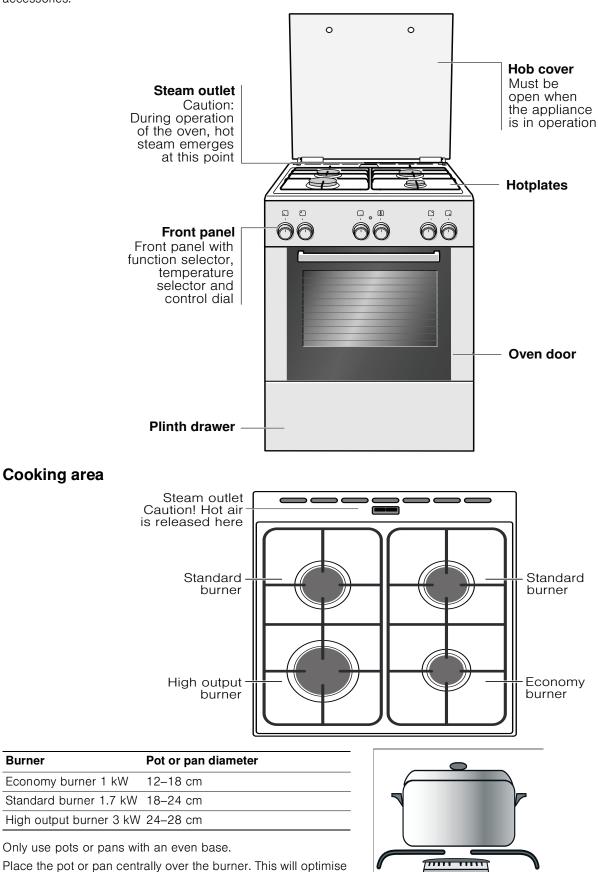
Here you will learn about your new cooker. We will explain the control panel, the hob and the individual operating controls. You will find information on the cooking compartment and the accessories.

transfer of the heat from the burner flame to the pot or ban base. The handle does not become damaged, and greater

energy savings are guaranteed.

General information

The design depends on the respective appliance model.



Burner knob

You can adjust the heat setting of the hotplates using the four burner knobs.

Positions		Function/gas oven		
0	Zero position	The oven is switched off.		
¥	Ignition position	Ignition position		
<u>@</u> ©	Settings area	Large flame = highest setting Economy flame = lowest setting		

There is a limit stop at the end of the settings area. Do not turn the timer beyond this.

The oven

Use the function selector and the temperature selector to set the oven.

Function selector

Use the function selector to select the required type of heating. The function selector knob can be rotated to the right or to the left.

Positions		Function
o Zero position		The oven is switched off.
8	3D hot air*	For tarts and cakes from level 1 to level 3. A fan with a ring heating element on the back panel of the oven ensures that the heated air is distributed evenly.
⊘*	Defrosting	Example: meat, poultry, bread and tarts. The fan distributes the heated air around the food.
÷Ģ.	Oven light	The oven light comes on

* Type of heating in accordance with energy efficiency class EN50304.

The indicator lamp for the set hotplate lights up.

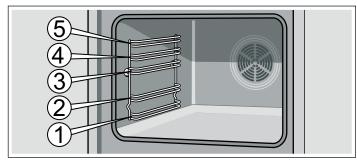
Your accessories

The accessories supplied with your appliance are suitable for making many meals. Ensure that you always insert the accessories into the cooking compartment the right way round.

There is also a selection of optional accessories, with which you can improve on some of your favourite dishes, or simply to make working with your oven more convenient.

Inserting accessories

You can insert the accessories into the cooking compartment at 5 different levels. Always insert them as far as they will go so that the accessories do not touch the door panel.



The accessories can be pulled out approximately halfway until they lock in place. This allows dishes to be removed easily.

Temperature selector

Use the temperature selector to set the temperature.

Position	8	Function
•	Zero position	Oven not hot.
50-250	Temperature range	Temperature in °C.
I	Temperature set- ting	The first line after 250 °C pro- vides a temperature of 260 °C.
II	Temperature set- ting	The second line after 250 °C provides a temperature of 270 °C.

The small light above the temperature selector is lit when the oven is heating. It switches off during pauses in heating. For some settings, it does not light up.

The cooking compartment

The oven light is located in the cooking compartment.

Oven light

During operation, the oven light in the cooking compartment is on.

Steam outlet

The hot air from the cooking compartment escapes at the rear of the hob. Caution: do not cover the ventilation slots. Otherwise the oven will overheat.

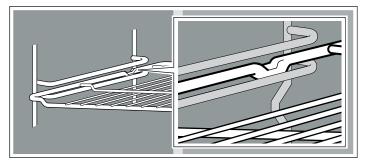
Oven door - Additional safety precautions

During long cooking times, the oven door may become very hot.

If you have small children, extra supervision is required during oven operation.

In addition, there is a protective device (protective grid) which prevents direct contact with the oven door. You can purchase this optional accessory (469088) from the after-sales service.

When sliding the accessories into the cooking compartment, ensure that the indentation is at the back. They can only lock in place from this position.



Note: The accessories may deform when they become hot. Once they cool down again, they regain their original shape. This does not affect their operation.

Hold the baking tray securely on the sides with both hands and push it parallel into the frame. Avoid movements to the right or left when pushing the baking tray in. Otherwise, it will be difficult to push the tray in and the enamelled surfaces could be damaged.

You can buy accessories from the after-sales service, from specialist retailers or online. Please specify the HEZ number.

Wire rack

For ovenware, cake tins, roasts, grilling and frozen meals.

Slide the wire rack into the oven with the open side facing the oven door and the curvature pointing downwards —.



Enamel baking tray For cakes and biscuits.

Push the baking tray into the oven with the sloping edge facing towards the oven door.

Optional accessories

You can buy optional accessories from your after-sales service or from specialist retailers. You will find a variety of suitable products for your oven in our brochures and on the Internet. The availability of optional accessories and the options for ordering them on the internet vary depending on the country. You can find information about this in the sales brochures.

Not every optional accessory is suitable for every appliance. When making a purchase, always quote the full name (E no.) of your appliance.

Optional accessories	HEZ number	Function
Pizza tray	HEZ317000	Particularly good for pizza, frozen meals and round tarts. You can use the pizza tray instead of the universal pan. Slide the tray in above the wire rack and proceed according to the instructions in the tables.
Wire insert	HEZ324000	For roasting. Always place the grill wire rack on the universal pan. This ensures that dripping fat and meat juices are collected.
Grill tray	HEZ325000	Used for grilling instead of the grill wire rack or used as a splatter guard to protect the oven from becoming heavily soiled. Only use the grill tray with the universal pan.
		Grilling on the grill tray: only shelf positions 1, 2 and 3 can be used.
		The grill tray as a splash guard: the universal pan is inserted together with the grill tray under the wire rack.
Baking stone	HEZ327000	The baking stone is perfect for preparing home-made bread, bread rolls and pizzas which require a crispy base. The baking stone must always be preheated to the recommended temper- ature.
Enamel baking tray	HEZ331003	For cakes and biscuits.
		Slide the baking tray into the oven with the sloping edge fac- ing towards the oven door.
Enamel baking tray with non-stick coating	HEZ331011	The baking tray is ideal for laying out cakes and biscuits. Slide the baking tray into the oven with the sloping edge facing towards the oven door.
Universal pan	HEZ332003	For moist cakes, pastries, frozen meals and large roasts. Can also be used under the wire rack to catch fat or meat juices.
		Slide the universal pan into the oven with the sloping edge fac- ing towards the oven door.
Universal pan with non-stick coating	HEZ332011	This universal pan is ideal for moist cakes, pastries, frozen meals and large roasts. Slide the universal pan into the oven with the sloping edge facing towards the oven door.
Lid for the Profi extra-deep pan	HEZ333001	The lid converts the Profi extra-deep pan into the Profi roasting dish.
Profi extra-deep pan with insert wire rack	HEZ333003	Particularly suitable for preparing large quantities of food.
Wire rack	HEZ334000	For ovenware, cake tins, roasts, grilling and frozen meals.
Telescopic shelf rail		
2-level shelf rail	HEZ338250	With the pull-out rails at level 2 and 3, the accessories can be fully pulled out without tipping.
Glass roasting dish	HEZ915001	The glass roasting dish is suitable for pot roasts and bakes. Ideal for programmes and automatic roasting.

After-sales service products

You can obtain suitable care and cleaning agents and other accessories for your domestic appliances from the after-sales

service, specialist retailers or (in some countries) online via the e-Shop. Please specify the relevant product number.

Cleaning cloths for stainless-steel surfaces Product no. 311134		Reduces the build-up of dirt. Impregnated with a special oil perfect maintenance of your appliance's stainless-steel sur faces.		
Oven and grill cleaning gel	Product no. 463582	For cleaning the cooking compartment. The gel is odourless.		
Microfibre cloth with honeycomb structure	Product no. 460770	Especially suitable for cleaning delicate surfaces, such as glass, glass ceramic, stainless steel or aluminium. The microfibre cloth removes liquid and grease deposits in one go.		
Door lock	Product no. 612594	To prevent children from opening the oven door. The locks on different types of appliance door are screwed in differently. See the information sheet supplied with the door lock.		

Before using the oven for the first time

In this section, you can find out what you must do before using your oven or gas hob to prepare food for the first time. First read the section on *Safety information*.

Heating up the oven

To remove the new cooker smell, heat up the oven when it is empty and closed. An hour of (3) 3D hot air at 240 °C is ideal for this purpose. Ensure that no packaging material has been left in the cooking compartment.

- 1. Use the function selector to select the 🙆 3D hot air type of heating.
- **2.** Use the temperature selector to set the temperature to 240 °C.

After an hour, switch off the oven. Turn the function and temperature selector to the zero position.

Cleaning the accessories

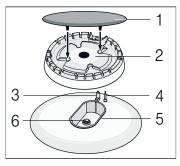
Before you use the accessories for the first time, clean them thoroughly with hot soapy water and a soft dish cloth.

Advance cleaning of burner cup and cap

Clean the burner cap (1) and cup (2) with water and washingup liquid. Dry the individual parts carefully.

Place the burner cup and cap back on the burner shell (5). Ensure that the igniter (3) and flame safety pin (4) are not damaged.

The nozzle (6) must be dry and clean. Always position the burner cap exactly over the burner cup.



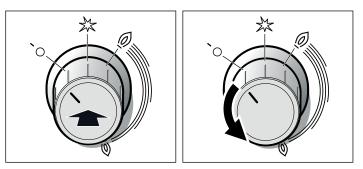
Making settings on the hob

Your hob is equipped with four gas burners. The following information explains how to light the gas burners and set the size of flame.

Igniting the gas burners

Always position the burner cap exactly over the burner cup. Openings on the burner cup are always unobstructed. All parts must be dry.

- **1.**Open the top cover. The top cover must remain open for as long as the oven is in operation.
- 2. Turn the knob for the desired burner anti-clockwise to the ignition position [‡]. Ignition begins.
- **3.** Press and hold the burner knob for 1-3 seconds. The gas burner ignites.



The safety pilot is activated. If the gas flame goes out, the gas supply is automatically interrupted by the safety pilot.

- 5. If the flame goes out again, repeat the process from step 2.
- 6. To end the cooking process: Turn the burner knob o clockwise to the Off position.

The ignition device should not be actuated for more than 15 seconds. If the burner does not light within 15 seconds, wait for at least one minute. Then repeat the ignition process.

A Caution!

If after switching the oven off you turn the burner knob while the oven is still hot, gas will escape. +If you do not turn the knob to the ignition position \ddagger , the gas supply will be interrupted after 60 seconds.

The gas burner does not ignite

If there is a power cut or if the ignition plugs are damp, you can light the gas burners with a gas lighter or a match.

Table - Cooking

Select the right saucepan size for each burner. The diameter of the pot or pan base should be the same as that of the burner.

Cooking times depend on the type, weight and quality of the food. Deviations are therefore possible. You yourself can best judge the optimal cooking time.

Minerals and vitamins are very quickly destroyed during cooking. Therefore, only use a little water. This will help you retain vitamins and minerals. Select short cooking times so that the vegetables remain firm and full of nutrients.

Example	Dish	Burner	Heat setting
Melting	Chocolate, butter, margarine	Economy burner	small flame
Heating	Stock, tinned vegetables	Standard burner	small flame
Heating and keeping warm	Soups	Economy burner	small flame
Braising*	Fish	Standard burner	between large and small flame
Braising*	Potatoes and miscellaneous vegetables, meat	Standard burner	between large and small flame
Cooking*	Rice, vegetables, meat dishes (with sauces)	Standard burner	Large flame
Roasting	Pancakes, potatoes, schnitzel, fish fingers	High output burner	between large and small flame

* If you are using a saucepan with a cover, turn the flame down as soon as it reaches boiling point.

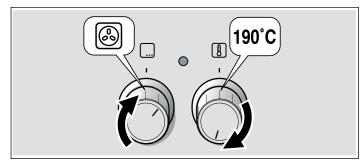
Setting the oven

Here you can find out how to set the oven.

Types of heating and temperature

Example in the picture: 190 °C, 🙆 3D hot air.

- **1.** Use the function selector to select the required type of heating.
- 2. Use the temperature selector to set the temperature.



The oven heats up.

Switching off the oven

Turn the function selector to the off position.

Changing the settings

The type of heating and temperature can be changed as required.

Care and cleaning

With attentive care and cleaning, your hob and oven will retain its looks and remain in good working order for a long time. We will explain here how you should care for and clean them correctly.

Notes

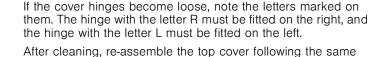
- Slight differences in the colours on the front of the oven are caused by the use of different materials, such as glass, plastic and metal.
- Shadows on the door panel which look like streaks, are caused by reflections made by the oven light.
- Enamel is baked on at very high temperatures. This can cause some slight colour variations. This is normal and does not affect operation. The edges of thin trays cannot be completely enamelled. As a result, these edges can be rough. This will not impair the anti-corrosion protection.

Upper glass cover

Before opening the top cover, remove any spills with a cloth.

Use glass cleaner if possible.

For cleaning, remove the top cover. To do this, hold the cover securely on both sides with both hands and pull it upwards.



procedure in reverse order.

Only close the top cover once the burners have cooled down.

Cleaning agents

Damage to the various different surfaces caused by using the wrong cleaning agent can be avoided by observing the following instructions.

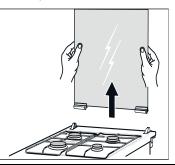
When cleaning the hob do not use

- undiluted washing-up liquid or dishwasher detergent,
- scouring pads,
- abrasive cleaning agents such as oven cleaner or stain remover,
- high-pressure cleaners or steam jets.
- Do not clean individual parts in the dishwasher.

When cleaning the oven do not use

- sharp or abrasive cleaning agents,
- cleaning agent with a high alcohol content,
- scouring pads,
- high-pressure cleaners or steam jets.
- Do not clean individual parts in the dishwasher.

Wash new sponges thoroughly before first use.



Stainless steel fronts	Wipe with some washing-up liquid and a damp cloth. Always wipe parallel to the natural grain. Otherwise, you may scratch the surface. Dry with a soft cloth. Remove flecks of limescale, grease, starch and albumin (e.g. egg white) immediately. Do not use any abrasive materials, scouring sponges or rough cleaning cloths. The stainless steel fronts can be polished using a special care product. Follow the manufacturer's instructions. You can purchase special stainless steel cleaner from our after-sales service or from specialist retailers.
Enamel surfaces and lacquered surfaces	Clean with some washing-up liquid and a damp cloth. Dry with a soft cloth.
Burners and steel grid of the gas burn- ers	Do not clean in the dishwasher. Remove the wire rack and clean with a sponge, washing-up liquid and some hot water. Remove the burner cup and cap. Clean with a sponge and some hot water and washing-up liquid. Ensure that the gas outlets on the burner cups are clean and unobstructed. Brush the igniters with a small, soft brush. The gas burners only work properly when the igniters are clean. Remove food residue from the burner shells with some washing-up liquid and a damp cloth. Only use a little water. Water must not be allowed to enter the appliance. Ensure that the nozzle opening does not become blocked or damaged during cleaning. Dry all parts after cleaning and place the burner cover accurately on the burner cup. If the parts are not positioned accurately, it will be harder to ignite the burner. The burner covers are coated with black enamel. Due to the high temperatures, discolouration may occur. This will not impair the function of the burner. Replace the wire rack in the oven.
Electric hob (option)	Clean with the hard side of a scouring sponge and some liquid scouring agent. After cleaning, switch the hob on briefly to dry it. Wet hobs rust over time. Then apply a care product. Always remove spilt liquids and food residue immediately.
Metal ring of the electric hob (option)	The metal ring may discolour with time. However, it is possible restore the original colour. Clean the ring with the hard side of a scouring sponge and some liquid scouring agent. When doing so, make sure that you do not scour the adjacent surfaces, as this could damage them.
Knobs	Clean with some washing-up liquid and a damp cloth. Dry with a soft cloth.
Door glass	Can be cleaned with glass cleaner. Do not use any abrasive cleaning agents or sharp metal objects. These could scratch and damage the surface of the glass panel.
Seal	Wipe with a damp cloth. Dry with a soft cloth.
Oven interior	Clean with hot water or vinegar solution. For heavy soiling: Only use oven cleaner on cold surfaces.
Glass cover on the oven light	Clean with some washing-up liquid and a damp cloth. Dry with a soft cloth.
Accessories	Soak in hot soapy water. Clean with a brush or a sponge.

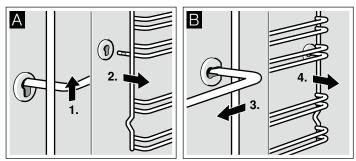
Aluminium baking tray (option)	Do not clean in the dishwasher. Never use oven cleaner. To avoid scratches, never touch the metal sur- faces with a knife or similar sharp object. Wipe the surfaces horizontally and without applying pressure with soapy water and a soft window cloth or a lint-free microfibre cloth. Dry with a soft cloth. Do not use any abrasive materials, scouring sponges or rough cleaning cloths. They could scratch the baking tray
Childproof lock (option)	If a childproof lock has been fitted on the oven door, it must be removed before cleaning. Soak all plastic parts in hot soapy water and wash with a sponge. Dry with a soft cloth. If very dirty, the childproof lock will not work properly.
Plinth drawer (option)	Clean with some washing-up liquid and a damp cloth. Dry with a soft cloth.
Accessories	Soak in hot soapy water. Clean with a brush or sponge.

Detaching and refitting the rails

The rails can be removed for cleaning. The oven must have cooled down.

Detaching the rails

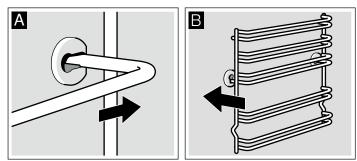
- 1. Lift up the front of the rail
- 2. and unhook it (figure A).
- 3. Then pull the whole rail forward
- 4. and remove it (Fig. B).



Clean the rails with cleaning agent and a sponge. For stubborn deposits of dirt, use a brush.

Refitting the rails

- **1.** First insert the rail into the rear socket, press it to the back slightly (figure A),
- 2. and then hook it into the front socket (figure B).

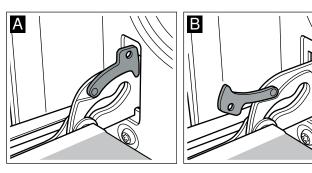


The rails fit both the left and right sides. Ensure that, as shown in figure B, levels 1 and 2 are below and levels 3, 4 and 5 are above.

Detaching and attaching the oven door

For cleaning purposes and to remove the door panels, you can detach the oven door.

The oven door hinges each have a locking lever. When the locking levers are closed (figure A), the oven door is secured in place. It cannot be detached. When the locking levers are open in order to detach the oven door (Fig. B), the hinges are locked. They cannot snap shut.

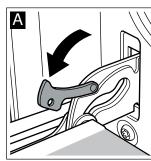


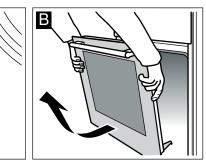
Risk of injury!

Whenever the hinges are not locked, they snap shut with great force. Ensure that the locking levers are always fully closed or, when detaching the oven door, fully open.

Detaching the door

- 1. Open the oven door fully.
- 2. Fold up the two locking levers on the left and right (figure A).
- **3.** Close the oven door as far as the limit stop. With both hands, grip the door on the left and right-hand sides. Close the door a little further and pull it out (figure B).

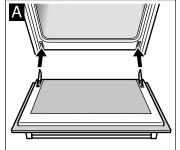


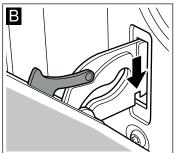


Attaching the door

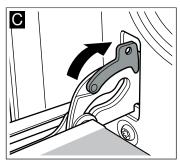
Reattach the oven door in the reverse sequence to removal.

- **1.** When attaching the oven door, ensure that both hinges are inserted straight into the opening (figure A).
- 2. The notch on the hinge must engage on both sides (figure B).





3. Fold back both locking levers (figure C). Close the oven door.



A Risk of injury!

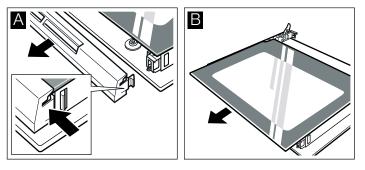
If the oven door falls out accidentally or a hinge snaps shut, do not reach into the hinge. Call the after-sales service.

Removing and refitting the door panels

The glass panels can be removed from the oven door to allow more thorough cleaning.

Removal

- 1. Removing the oven door See the section *Removing the oven door*. Lay the oven door on a cloth with the handle facing downwards.
- 2. Remove the cover from the top of the oven door. To do this, press with your fingers on the left and right-hand side. Pull out the cover (Fig. A).
- 3. Raise the top panel and pull it out (Fig. B).



Clean the panels with glass cleaner and a soft cloth.

Troubleshooting

Malfunctions often have simple explanations. Refer to the table before calling the after-sales service as you may be able to remedy the fault yourself.

Malfunction table

If your meal is not successful, please refer to section . We have tested the recipe for you in our cooking studio. Here, you will find useful cooking tips and tricks for cooking, baking and roasting.

A Risk of electric shock!

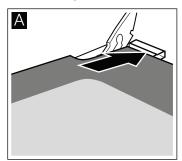
Repairs that are not carried out properly are dangerous. Repairs must only be performed by one of our after-sales service technicians.

A Risk of injury!

Scratched glass in the appliance door may develop into a crack. Do not use a glass scraper, sharp or abrasive cleaning aids or detergents.

Fitting

1. Hold the top glass panel firmly by the sides and slide it in towards the back at an angle. The panel must be inserted into the openings on the lower side. The smooth surface must face outwards, while the roughened side must be on the inside. (Fig. A).



- 2. Place the cover on the top of the oven door and press in place. Make sure that the grooves along the sides lock into position.
- **3.** Refitting the oven door See the section *Refitting the oven door*.

Do not use the oven again until the panels have been correctly fitted.

Malfunction	Possible cause	Remedy/information
The oven does not work.	The circuit breaker is defective.	Look in the fuse box to see if the circuit breaker is defective.
	Power cut.	Check whether the kitchen light and other kitchen appliances are working.
Oven not hot.	Dust on the contacts.	Turn the control knobs sev- eral times to the left and right.
The burner does not ignite.	Power has failed or igni- tion plugs are damp.	Light the gas burner with a gas lighter or a match.

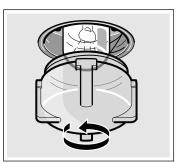
Replacing the bulb in the oven ceiling light

If the bulb in the oven light fails, it must be replaced. Heatresistant, 25 watt spare bulbs can be obtained from our aftersales service or a specialist retailer. Only use these bulbs.

A Risk of electric shock!

Switch off the circuit breaker in the fuse box.

- 1. Place a tea towel in the cold oven to prevent damage.
- 2. Unscrew the glass cover by turning it anti-clockwise.



- 3. Replace the bulb with one of the same type.
- 4. Screw the glass cover back in.
- 5. Remove the tea towel and switch on the circuit breaker.

Glass cover

You must replace a damaged glass cover. Suitable glass covers may be obtained from the after-sales service. Please specify the E number and FD number of your appliance.

After-sales service

If the appliance needs repairing, our after-sales service will be happy to help. Our after-sales centre can provide you with the telephone number of your nearest service point.

E number and FD number

When calling us, please give the product number (E no.) and the production number (FD no.) so that we can provide you with the correct advice. The rating plate containing these numbers is found on the side of the oven door. To save time, you can make a note of the number of your appliance and the telephone number of the after-sales service in the space below, should it be required.

E no.

FD no.

After-sales service 🕾

Please note that there will be a fee for a visit by a service technician in the event of a malfunction, even during the warranty period.

Please find the contact data of all countries in the enclosed customer service list.

To book an engineer visit and product advice

GB 0844 8928979

Calls from a BT landline will be charged at up to 3 pence per minute. A call set-up fee of up to 6 pence may apply.

IE 01450 2655

Trust the expertise of the manufacturer, and rest assured that the repair will be carried out by trained service technicians using original spare parts for your domestic appliance.

Energy and environment tips

Here you can find tips on how to save energy when baking and roasting in the oven and when cooking on the hob, and how to dispose of your appliance properly.

Saving energy with your oven

- Only preheat the oven if this is specified in the recipe or in the operating instruction tables.
- Use dark, black lacquered or enamelled baking tins. They absorb the heat particularly well.
- Open the oven door as infrequently as possible while cooking, baking or roasting.
- It is best to bake more than one cake, one after the other. The oven is still warm. This reduces the baking time for the second cake. You can also place two loaf tins next to each other.
- For longer cooking times, you can switch the oven off 10 minutes before the end of the cooking time and use the residual heat to finish cooking.

Saving energy with the gas hob

- Always use a saucepan which is the correct size for your food. A larger, less full saucepan requires a lot of energy.
- Always place a suitable lid on the saucepan.
- The gas flame must always be in contact with the base of the saucepan.

Environmentally-friendly disposal

Dispose of packaging in an environmentally-friendly manner.



This appliance is labelled in accordance with European Directive 2012/19/EU concerning used electrical and electronic appliances (waste electrical and electronic equipment - WEEE). The guideline determines the framework for the return and recycling of used appliances as applicable throughout the EU.

Tested for you in our cooking studio

Here you will find a selection of dishes and the ideal settings for them. We will show you which type of heating and which temperature are best suited for your dish. You can find information about suitable accessories and the height at which they should be inserted. There are also tips about cookware and preparation methods.

Notes

- The values in the table always apply to dishes placed into the cooking compartment when it is cold and empty. Only preheat the appliance if the table specifies that you should do so. Do not line the accessories with greaseproof paper until after they have been preheated.
- The times specified in the tables are guidelines only. They will depend on the quality and composition of the food.
- Use the accessories supplied. Additional accessories may be obtained as special accessories from specialist retailers or from the after-sales service.

Before using the oven, remove any unnecessary accessories and ovenware from the cooking compartment.

Always use oven gloves when taking hot accessories or ovenware out of the cooking compartment.

Cakes and pastries

Baking tins

It is best to use dark-coloured metal baking tins.

Baking times are increased when light-coloured baking tins made of thin metal or glass dishes are used, and cakes do not brown so evenly.

If you wish to use silicone baking tins, use the information and recipes provided by the manufacturer as a guide. Silicone baking tins are often smaller than normal tins. The amount of mixture and recipe instructions may differ.

Tables

The tables show the ideal type of heating for the various cakes and pastries. The temperature and baking time depend on the amount and composition of the mixture. This is why temperature ranges are given in the tables. You should try the lower temperature first, since a lower temperature results in more even browning. You can increase the temperature next time if necessary.

If you preheat the oven, the baking time is shortened by 5 to 10 minutes.

Additional information can be found in the *Baking tips* section following the tables.

Cake in a mould	Tin	Level	Type of heating	Temperature in °C	Cooking time in minutes
Cakes*	Round springform cake tin with tube sheet, deep	3	۲	160-180	60-70
Sponge cake	Springform cake tin (dia. 26 cm)	3	6	160-180	35-45
Shortcrust pastry	Cake tin with non-stick coating, round (dia. 30 cm)	3	8	150-170	25-35
Fruit flan*	Springform cake tin (dia. 26 cm)	3	6	160-180	45-55
Brownies*	Glass ovenproof dish, rec- tangular**	3	6	170-190	35-45
Semolina cake*	Stainless steel ovenproof dish, round (dia. 30 cm)	3	۲	160-180	30-40
Quiche*	Ovenproof dish with non- stick coating, round (dia. 30 cm)	3	8	180-200	50-60

* Insert the wire rack at the level indicated and place the cake tin in the centre of the wire rack.

** Only use heat-resistant glass dishes. Do not place a hot glass dish on a cold or wet surface. The glass could break.

Several small baked items on the bak- ing sheet	Accessories	Level	Type of heating	Temperature in °C	Cooking time in minutes
Small cakes, preheat*	Baking sheet	3	8	150-170	25-35
	2 baking trays	1+3	8	150-170	25-35
	3 baking trays	1+3+5	0	140-160	30-40
Sponge	Baking sheet	3	0	150-170	10-20
	2 baking trays	1+3	0	130-150	25-35
	3 baking trays	1+3+5	0	130-150	25-35
Biscuits	Baking sheet	3	0	140-160	20-30
	2 baking trays	1+3	0	160-180	35-45
	3 baking trays	1+3+5	0	160-180	35-45

* Do not use rapid heating to preheat the appliance.

Additional baking trays can be ordered from the after-sales service.

Several small baked items on the bak- ing sheet	Accessories	Level	Type of heating	Temperature in °C	Cooking time in minutes
Sesame seed rings	Baking sheet	3	8	170-190	35-45
	2 baking trays	1+3	0	160-180	45-55
	3 baking trays	1+3+5	۲	160-180	50-60
Puff pastry strudel	Baking sheet	3	0	190-210	15-25
	2 baking trays	1+3	0	180-200	25-35
	3 baking trays	1+3+5	۲	170-190	30-40
Yufka dough strudel	Baking sheet	3	۲	210-230	25-35
	2 baking trays	1+3	٢	210-230	30-40
Rose börek	Baking sheet	3	0	210-230	30-40
	2 baking trays	1+3	٢	190-210	35-45
Yeast-risen pastry	Baking sheet	3	٢	170-190	20-30
	2 baking trays	1+3	0	160-180	30-40
Pizza	Baking sheet	3	0	180-200	20-30
	2 baking trays	1+3	٢	170-190	40-50
Bread (1.3 kg flour) Preheat*	Baking sheet	3	٢	270	8
				200	35-45
Sandwiches	Baking sheet	3	8	190-210	20-30
Turkish almond biscuits in syrup	Baking sheet	3	0	160-180	30-40
Plaited loaf	Baking sheet	3	۲	150-170	25-35
for Swiss roll, preheat*	Baking sheet	3	0	170-190	10-20
Meringue	Baking sheet	3	8	80-100	100-190

* Do not use rapid heating to preheat the appliance.

Additional baking trays can be ordered from the after-sales service.

Dish	Accessories and oven- ware	Level	Type of heating	Temperature in °C	Cooking time in minutes
Pasta bake	Glass ovenproof dish, rec- tangular*	3	8	190-210	25-35
Potato gratin made using raw ingredi- ents, Max. 4 cm deep	Glass ovenproof dish, rec- tangular*	3	۵	160-180	50-60
Vegetable goulash	Earthenware pot	1	6	190-210	90-100

Tips for baking cakes and strudel correctly

Before you start:	Only preheat the appliance if the recipe specifies that you should do so. If you do pre- heat, select a temperature that is lower than the baking temperature specified in the cooking table. Apart from the baking tray required for baking, there should be no other objects in the oven. If you are using a small tin for cooking, place this right in the centre of the wire rack.
The ingredients used have an effect on the cooking time.	All the ingredients used for cakes and strudel must be fresh and at room temperature. Flour must be of the quality required for baking cakes and strudel and must be sieved. Use baking powder and yeast according to the instructions and quantity indications of the manufacturer.
Things to remember when baking a stru- del or bake.	The table specifies 1 kg of yufka dough for preparing a bake/strudel. If you use more or less dough than specified in the recipe, or if you use a strudel dough that you have rolled out yourself, the thickness of the bake/strudel will vary, which will change the required cooking temperature and time. The yufka dough sheets must be layered evenly on the baking sheet and brushed with a mixture of milk, oil, egg and yoghurt. Pour the rest of the egg/milk mixture over the bake. The dough sheets must be layered to an even height and the egg/milk mixture must be evenly distributed so that the bake cooks and browns evenly.
Cakes and bakes/strudel brown very quickly but are not cooked through.	Not all foods brown at the same rate. When you brush food with egg, milk or oil, they brown more quickly. If the bake browns too quickly: next time, slide the baking tray in at a lower level, reduce the temperature and increase the baking time. Otherwise, the bake may not be cooked through on the inside, even if appears to be on the outside.

Preparing yeast dough.	The milk (or water) must be lukewarm in order for the dough to rise. The dough should have the consistency of an earlobe. A hard dough will not rise. Allow the dough to prove in a warm place for about 30 minutes. If you leave it too long, the dough will become sour. Once you have made the dough into the required shape, leave it to prove for a further 15 minutes and then place it in a cold oven. When it is cooked, take the dough out of the oven, cover it with a damp tea towel and leave it to cool. This will give it a soft crust.
You wish to bake according to your own recipe.	Use similar items in the baking tables as a guide.
You can check whether a cake is cooked or not.	Approximately 10 minutes before the end of the cooking time, insert a thin cocktail stick into the deepest point of the cake. If the cocktail stick comes out clean, the cake is ready.
The cake collapses.	Use less fluid next time or set the oven temperature 10 degrees lower. Observe the mix- ing times specified in the recipe. Do not open the oven door until at least 10 minutes before the end of the cooking time.
The cake has risen in the middle but has sunk around the edge.	Do not grease the edge of the cake tin. After baking, loosen the cake from the tin carefully with a knife.
The cake browns too much on top.	Next time, place the cake lower in the oven and bake at a lower temperature for slightly longer.
The cake is too dry.	Make tiny holes in the finished cake using a cocktail stick. Then drizzle fruit juice over it. Next time, select a temperature 10 degrees higher and reduce the baking time.
The cake looks good, but is soggy on the inside.	Use less fluid next time and bake for slightly longer at a lower temperature.
You want to bake on two levels at the same time.	If you want to bake on two levels at the same time, always use the low 3D hot air setting. Insert the baking trays at levels 1 and 3.
	If you wish to bake with 2 baking trays, the baking time must be increased from the time required for 1 baking tray. Dishes that are placed in the oven at the same time will not necessarily be ready at the same time. Dishes that are ready can be removed, while the rest continues to cook.
	If necessary, the shelf positions can be swapped or the baking trays rotated. Note that, if you are baking with 2 baking trays, the heat from one baking tray is transferred to the other; the baking quality will therefore be reduced slightly in comparison to baking with just one baking tray.
	Dishes that can be prepared on 2 levels at the same time are specified in the cooking table.
	Protruding greaseproof paper can affect the air circulation. For this reason, always trim greaseproof paper to fit the baking tray.
The pieces of dough are sticking together when the yeast rolls are baked.	There must be a distance of about 2 cm between the bread rolls. This gives enough space for the bread rolls to expand and bake evenly on all sides.
Condensation forms when you bake moist cakes.	Steam can form during baking, which escapes via the door. The steam may settle and form water droplets on the control panel or on the fronts of adjacent units. This is a natural process.

Special dishes

Low temperatures are particularly good for preparing yeast dough and home-made yoghurt using B 3D hot air.

Remove the accessory, the hook-in rack or the pull-out rails from the oven.

Preparing yoghurt

- 1. Bring 1 litre of milk (3.5% fat) to the boil, let it cool to 40 $^\circ$ C.
- 2. Add 150 g yoghurt (from the refrigerator) to the milk and stir well.
- 3. Pour into small sealable jars and cover with cling film.

- 4. Preheat the oven as indicated.
- **5.** Place the sealable yoghurt jars on the bottom of the oven and prepare as indicated.

Proving yeast dough

- **1.** Prepare the yeast dough as usual, place it in a heat-resistant ceramic dish and cover with a lid.
- 2. Preheat the oven as indicated.
- **3.** Close the oven door and allow the yeast dough to prove in the oven.

Dish	Ovenware		Type of heating	Temperature	Cooking time
Yoghurt	Sealable yoghurt	on the oven floor	8	preheat to 50 °C	5 minutes
	jars			50 °C	8 hours
Proving yeast dough	Place the heat-	on the oven floor	8	preheat to 50 °C	5-10 minutes
resistant dish			Switch off the appliance and place the yeast dough in the oven	20-30 minutes	

Defrosting

Take food out of its packaging and place in suitable ovenware on the wire rack.

Observe the instructions on the packaging.

The defrosting time depends on the amount and type of food. Place poultry with the breast side to the plate.

Frozen food	Accesso- ries	Level	Type of heating	Temperature in °C
e.g. cream cakes, buttercream cakes, gateaux with chocolate or sugar icing, fruit, chicken, sausage and meat, bread and bread rolls, cakes and other baked items	Wire rack	2	6*	The temperature selector remains switched off

Drying

Use unblemished fruit and vegetables only and wash them thoroughly.

Drain off the excess water, then dry them.

Baking tray at level 3, Insert the wire rack at level 1. Line the baking tray and wire rack with greaseproof or parchment paper.

Turn very juicy fruit or vegetables several times. Remove fruit and vegetables from the paper as soon as they have dried.

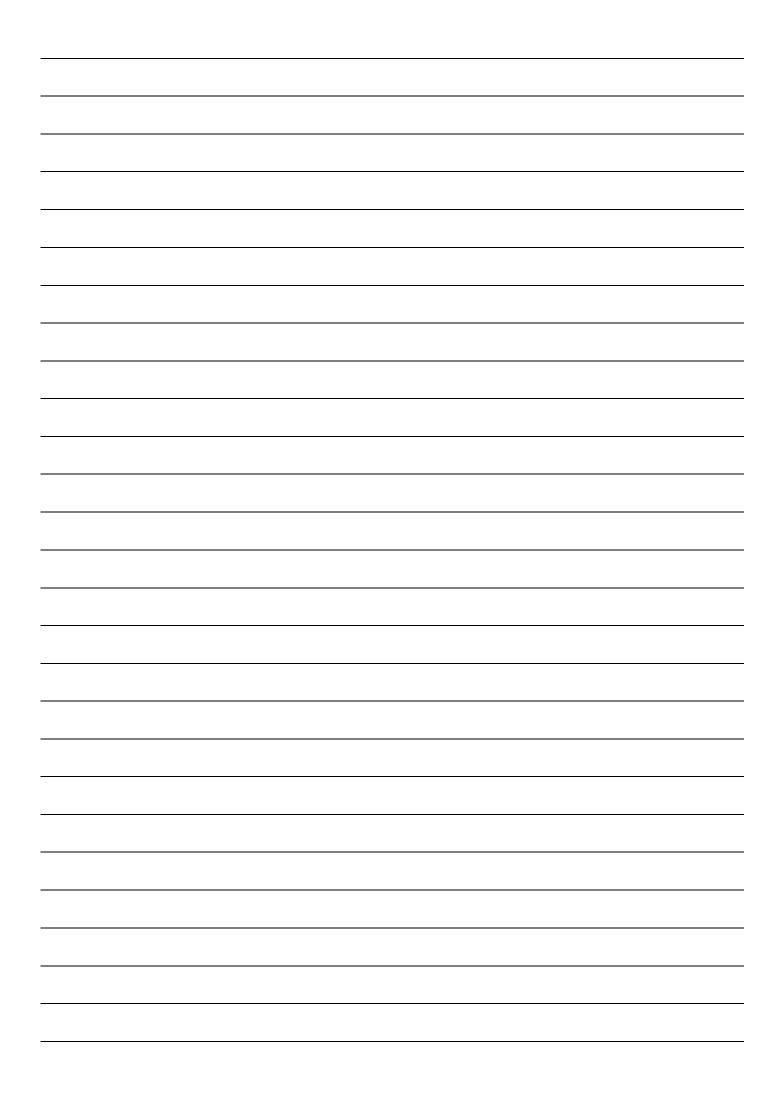
Fruit and herbs	Level	Type of heating	Temperature in °C	Cooking time, hours
600 g of apple rings	1+3	ß	80	approx. 5
800 g of pear slices	1+3	8	80	approx. 8
1.5 kg damsons or plums	1+3		80	approx. 8-10
200 g herbs, washed	1+3		80	approx. 11/2

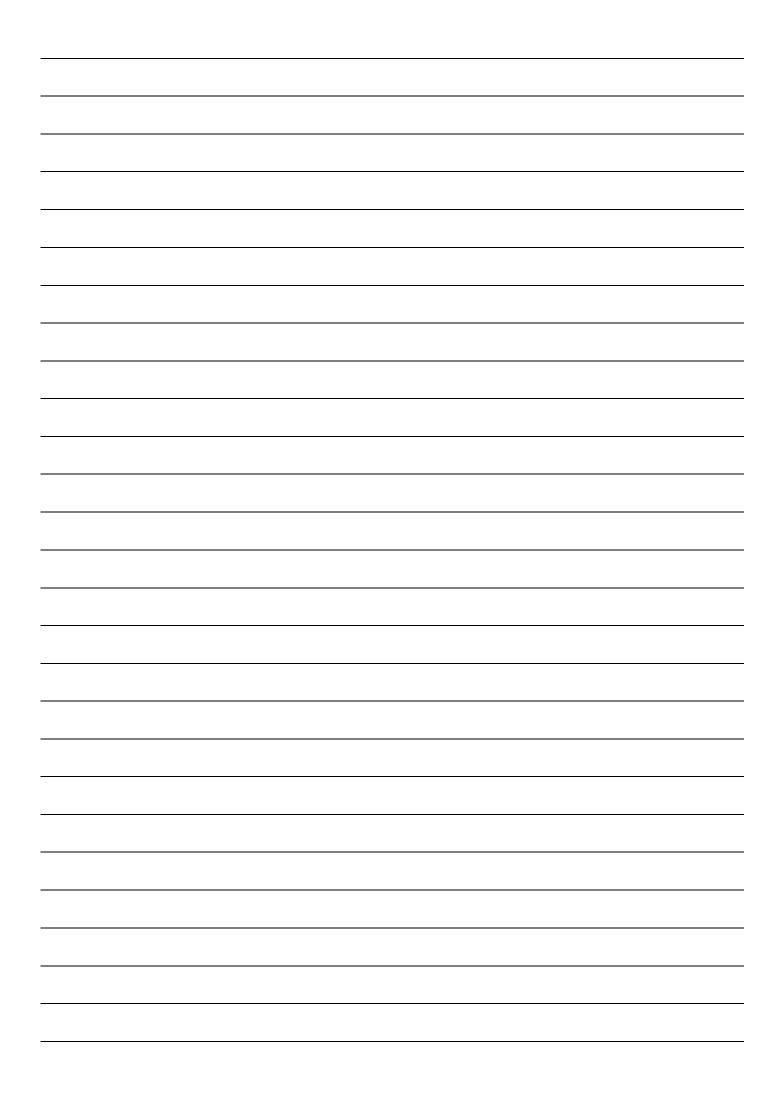
Acrylamide in foodstuffs

Acrylamide is mainly produced in grain and potato products prepared at high temperatures, such as potato crisps, chips,

toast, bread rolls, bread or fine baked goods (biscuits, gingerbread, cookies).

Tips for keeping acrylam	ide to a minimum when preparing food
General	Keep cooking times to a minimum.
	Cook meals until they are golden brown, but not too dark.
	Large, thick pieces of food contain less acrylamide.
Baking	With top/bottom heating max. 200 °C.
	With 3D hot air or hot air max.180 °C.
Biscuits	With top/bottom heating max. 190 °C.
	With 3D hot air or hot air max. 170 °C.
	Egg or egg yolk reduces the production of acrylamide.
Oven chips	Spread evenly over the baking tray, in a single layer. Bake at least 400 g per baking tray so that the chips do not dry out





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