

Fettuccine Alfredo

Faales

Yield Type Serves 3-4 Savorv

Function

Steam Plus

Temperature **100 degrees** Celsius

Time **16 min** Tray Level 3

Ingredients

- 200 grams Fettuccine Pasta
- 6 tablespoons Butter
- 1 Garlic Clove (minced)
- 11/2 cups Heavy Cream
- 1/4 teaspoon Salt
- 1 1/4 cup Shredded Parmesan Cheese
- 100 grams Shredded Chicken
- 1/4 teaspoon Pepper
- 2 tablespoons Italian Parsley (optional)

Procedure

- 1. Add Pasta to the non-perforated Steaming tray with double the quantity of water and some olive oil.
- 2. In a large skillet or pan, heat butter over medium heat. Add minced garlic and cook for 1 to 2 minutes. Stir in heavy cream.
- 3. Let heavy cream reduce and cook for 5 to 8 minutes. Add half of the parmesan cheese to the mixture and whisk well until smooth. Keep overheat and whisk well until the cheese is melted.
- 4. Save some pasta water. The pasta water is full of flavor and can be used to thin out the sauce.
- 5. Toss alfredo sauce with fettuccine pasta and add half of the parmesan cheese. Once it is tossed, garnish with the remaining parmesan cheese. Add a little pasta water if it needs to be thinned out.