

Paneer Pahadi Tikka

Eggless

Yield 5-6 Skewers

Type Savory

Function Hot Air Grilling + Level 2 Steam Temperature 190 degrees Celsius

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Time **14 - 16** Min Tray Level

3

Ingredients

- Salt 1 tsp
- Ginger Garlic Paste 1 tsp
- Hung Curd 3 Tbsp
- Cream 1 Tbsp
- Mustard oil 2 tsp
- Besan 1 Tbsp
- Red Chili Powder 1 tsp
- Coriander, Green Chili & Mint Paste 3 Tbsp
- Kasuri methi 1 pinch
- Chaat Masala 2 tsp
- Lemon juice 2 tsp
- Paneer 650 grams
- Skewers
- Red, Yellow and Green Bell Peppers (2 Each)
- Onion (Big dices) 2
- Ghee 2 tbsp
- Coriander for Garnish

Procedure

- 1. Marinade with the above ingredients for 4 hours or overnight. Put Paneer, Bell Peppers and Onions on Skewers in an alternate pattern and place on Grill tray, drizzle with some Ghee.
- 2. Preheat the oven at 190 degrees Celsius on the Hot Air grilling function for 3 - 4
- mins. Put the Tray with the skewers on level 3, and press 'Add Steam - Level 2 & cook for 6 - 8 min.
- 3. Then Flip to the other side, drizzle some more ghee and cook for another 6 - 8 minutes.
- 4. Apply Ghee, sprinkle coriander and chaat masala before serving