

Lamb seekh kebab

Yield Type 6-8 Savory servings

Contains **Y** Mutton

Function circulated air

grill + level 2

Temperature 200 degree Celsius Time 30 minutes Tray Level

3

Ingredients

- 1 kg lean minced lamb
- 1 egg
- 2 tablespoons green chili paste
- 1 onion, finely chopped
- 1 tablespoon freshly roasted and ground coriander powder
- 1 tablespoon garam masala
- 1 large bunch finely chopped fresh coriander
- 1 teaspoon salt

Procedure

- 1. Place the lamb mince in a large bowl
- 2. Mix in the other ingredients and begin working the minced lamb with your hands.
- 3. When all the ingredients are nicely mixed, begin pressing down on the meat as you knead it. You've got to achieve that "lace" texture.
- 4. Once it is all ready, about five minutes of kneading, form the meat into kebab shapes.If you have large skewers, be sure to squeeze the meat onto the skewers.
- 5. Brush the grill rack with oil, place the prepared seekhs over it. Preheat the oven on the hot air grill function at 200 degrees Celsius with added level 2 steam.
- 6. Grill the kebabs for 15-20 minutes
- 7. Serve with your choice of condiments.