Cardamom Cookies



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20-24 pieces

Cardamom adds a special touch to these buttery cookies. Your kitchen will be filled with its intoxicating aroma as the cookies bake.

Time **Function** Temperature





Ingredients

225g Butter, softened

150g Caster sugar

1tsp Lemon zest

250g Refined flour

110g Almond flour

2tsp Cardamom powder

Tips

Use decorative stamps to embellish the cookies with embossed designs.

Substitutions/Variations

Substitute cardamom with other spices to make flavour variations.

Method

- 1. Preheat the oven to 160°C.
- Line two large baking trays with parchment paper.
- Place the butter, sugar and zest in a large mixing bowl and cream together using an electric hand mixer until the mixture is smooth.
- 4. Add sifted flour, almond flour and cardamom powder. Beat in well until the mixture comes together into a firm dough.
- 5. Divide dough into lemon sized portions and roll each into a ball. Flatten each using the bottom of a glass or a rolling pin.
- 6. Place 12 cookies on each baking tray and transfer them into the oven.
- 7. Bake for 10-12 minutes, or until the cookies are pale golden brown.
- 8. Remove the trays and keep aside for 5-10 minutes. The cookies will be a bit soft to touch when hot. They will get firm as they cool and reach room temperature.
- 9. Transfer to a wire rack and allow to cool further.
- 10. Store in an airtight container for up to 1 week.