

# touch

A tropical beach scene at sunset. The sky is a deep purple and pink. In the background, a line of palm trees stands on a dark beach. The foreground shows the ocean with white foam from waves washing onto the shore. The overall mood is serene and beautiful.

2015  
autumn / marsala

next  
issue  
winter / white

## Art

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touch



## introduction

*“The most difficult thing is the decision to act,  
the rest is merely tenacity.”*

Amelia Earhart

Every day, every hour, every second in our life we make decisions. Some are simple and routine, like taking cab instead of bus; whilst others are great decisions that would affect our entire life. Such that, once we decide there is no way of turning back to pick another option. And these are exactly the kind of decisions that can change our whole life to better or worse and make us feel either happier or regretful.

When we eliminate all the doubts that puzzle us and grow absolutely sure of our decision we take that path accordingly. From that moment on, what we have to do - is keep moving in that direction no matter what. The strength is in determination, persistence and tenacity; and the key to success is hidden behind a simple question - how much we really want to see the results of the path we've chosen. If there is a strong will, high motivation and no doubts, then there are no limits to what we can achieve; we can climb the highest mountains, walk the longest path and cross the largest oceans as the first woman pilot to cross the Atlantic Ocean – Amelia Earhart - did.

“What if i made wrong decision?”, “What would happen if I had picked the other option?”, “I could be better if I had taken another alternative...”. These are common questions that bother us the most, yet they are somewhat pointless to trouble about. Because there is no way of going back in time and making another decision, so there is no point in feeling remorse and grief. We can simply learn to be more confident of our decisions, believe in them and pursue them... tenaciously!



**Arek Erzurumluoglu**  
Vice President  
Central Asia/Caucasus/Near East

A handwritten signature in black ink, appearing to read 'Arek Erzurumluoglu'.

# dear reader,



Every year we feel sorry that another summer is over. Well, this is the natural sequence of life – summer and summer vacations come to an end and autumn makes its entry.

Autumn is the time when burning sun rays are slowly replaced with a nice cool breeze and green landscape gets covered by a blanket of unbelievable colours: every tint of yellow, red, sometimes violet and burgundy colours create a magnificent, unique scenery.

Although it feels sad now, when summer is gone, autumn is perhaps the period when we are most full of life and new ideas; we have just gathered new reserves of energy during the summer vacations.

To keep up the level of positive energy is honestly not that difficult. You can smile and laugh for example, and laughter does not only help to prolong life but also contributes to losing extra calories.

Cakes and different kinds of pastries are another great booster of happiness and mood. Now, thanks to the MUM series of kitchen machines from Bosch, one can make and bake just about anything with no trouble at all. This kitchen helper can turn anyone into a professional chef.

This autumn issue of 'Touch' magazine will discuss these and many other interesting subjects.

Wishing you a nice golden autumn and see you in a snow-white winter...

**Oksana Karadas**  
Chief Editor

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## Reviving the Vibrancy of Nature: Leaf Carving Art



Leaf carving is the art of carving an image onto a tree leaf, particularly the leaf of the Chinar tree, a tree native to India, Pakistan and China that bears a close resemblance to the leaf of the Maple tree. The reason why artists prefer to use this tree is that the distribution of veins in the Chinar tree are the most suitable for sculpting. Besides, in Chinese tradition, Chinar leaves are considered to be a symbol for luck.

Creating leaf carvings is no easy process. It takes great patience & care as well as delicate precision of a skilled artisan. The process begins with picking the right leaves. According to the experienced leaf carver Victor Liu, the owner of Longal Crafts, which makes and exports carved leaves and other products, it is crucial to use mature and unbroken leaves that are picked in autumn and have no insect bites. These leaves are dried in a shady spot for at least 10 months before being boiled for more than five hours to kill bacteria and small worms. Boiling also reduces fragility during the carving process.

Producing a single leaf carving is said to take months of careful work. With a knife, the leaf is slowly scraped of its outer layers, revealing a near transparent surface. Special care is given to keep the veins intact to preserve the stability of the leaf. Then artists very meticulously carve their figure on leaves, utilizing special tools. When the artwork is finished, leaves are then preserved and framed—ensuring that they will last for decades.

*After the carving work is finished, the leaves need to be dried carefully. This step is probably the most challenging one, since sixty percent of the leaves are broken in this process.*

Although the concept of carving art has been around since the dawn of humanity, leaf carving is a relatively new art form. And this is what makes it amazing as well.

Artists have always been trying to branch out into new forms throughout the history and now, some Chinese artists are literally branching out into the trees.



Leaves that once beautified the landscape are then left on the ground to be picked up with the coming of autumn.





*The new art form leaf carving that emerged out of China, is making the use of these brittle leaves and restores their vibrancy in an artistic way creating astonishing forms that are admired by people from all around the world.*



## Origins & images

The history of leaf carving art goes back to 1994, when an artist named Huang Tai Shang created the first leaf carving piece and entered the Guinness Book of World Records. However, according to Rob Sidner, a folk art specialist and the director of the Mingei International Museum in San Diego, its roots actually originate from the ancient history.

Despite its apparent youth as a genre, leaf carving fits in with other ancient Chinese art traditions. It is similar to Chinese paper cutting art, where people cut designs out of paper or other vegetable matter, and since these designs are similar to those of leaf carving, it is an accurate conclusion that they're using the same traditions.



*The most popular figure carved on a leaf so far is thought to be the world's most famous portrait of Mona Lisa, created by Leonardo Da Vinci.*

# From the Dark Depths of Loch Ness...

The creature has been affectionately referred to by the nickname “Nessie” since the 1940s.

The Loch Ness Monster is a mythical creature that allegedly inhabits the lake Loch Ness in Scotland. The existence of the creature was first brought to the world's attention in 1933. Since then, popular interest and belief in the creature's existence has varied, yet there have been many sighting reports throughout the years, most of which claimed that the creature had a long, narrow neck with undulations on it.

The term "monster" was used for the first time on 2 May 1933 by a water bailiff for Loch Ness and a part-time journalist Alex Campbell, in a report in the local, weekly newspaper. The newspaper published an article in which a man from London, George Spicer, claimed to see the monster while motoring around the lake. He described the creature as "the nearest approach to a dragon or pre-historic animal that I have ever seen in my life, trundling across the road toward the Loch carrying an animal in its mouth." His wife, who also witnessed the incident confirmed this description.

*Short after the first monster report was published, the newspaper received countless letters with claims of sightings. These letters, which described a “sea serpent” or “a dragon”, soon reached the national press then international press, and so Loch Ness monster gained worldwide fame.*



The first photograph of the monster was taken by Hugh Gray on 6 December 1933 and it was published in the Daily Express, and shortly afterwards the creature received official notice when the Secretary of State for Scotland ordered the police to prevent any attacks on it. In 1934, interest was further sparked by what is known as The Surgeon's Photograph, which is being debated even today.



The 1987 Operation Deepscan was the largest search for the Monster to date costing around £1 million.





*The most common speculation among believers is that the creature represents a line of long-surviving plesiosaurus. Much of the scientific community regard the Loch Ness Monster as a modern-day myth, and explain sightings as misidentifications of more mundane objects, outright hoaxes, and wishful thinking. Despite this, it remains as one of the most famous examples of cryptozoology.*



## Nessie within Manuscripts

The earliest report of a monster associated with the vicinity of Loch Ness appears in a text about the life of St. Columba, written in the 7th century. According to the text, the Irish monk Saint Columba was staying in the land of the Picts with his companions when he came across the locals burying a man by the River Ness. They explained that the man had been swimming in the river when he was attacked by a "water beast" that had mauled him and dragged him under. They tried to rescue him in a boat, but could only drag up his corpse. Hearing this, Columba stunned the Picts by sending his follower Luigne Moccu Min to swim across the river. The beast came after him, but Columba made the sign of the cross and commanded: "Go no further. Do not touch the man. Go back at once." The beast immediately fled in terror, and both Columba's men and the Picts praised God for the miracle.

Another story and possible evidence about Nessie's existence was discovered by researchers at the British Library, within a 12th century manuscript. The story takes place in 1197. A minor cleric from Nottinghamshire Walter of Bingham who seeks safe

passage across the river, asks a group of fishermen for help. However, fishermen immediately reject him with terror in their eyes. Walter then sees a young boy dragging his coracle along the shore. The boy agrees to take Walter across the river in exchange of a silver coin. They cross without any trouble; however, as Walter watches the coracle heading back to the other shore, a great beast with fire sparking from its eyes suddenly emerges from the water, viciously roars, and then drags the coracle beneath the waves.

From early-dark age myths to countless middle age tales, overtold depictions, hundreds of eyewitnesses, photographs and so on to many people who believe that Loch Ness Monster is real, these all are more than enough to prove its existence, whilst skeptics criticize the legitimacy of the evidences. Apparently, neither side can be sure about Nessie. However, one thing's for sure: that there is a mystery surrounding the Loch Ness, a mystery older than a thousand years and yet; it remains unsolved up till now.



## What if Good Health were Contagious?

You may think of this as a sci-fi scenario, however in fact, good health really is contagious and it is called laughing!

It would spread until there are no sick people on earth. People would intentionally take a walk in crowded places, use public transportation in order to pick up that 'contagious good health' from some other person. Well now, you may think of this as a sci-fi scenario, however in fact, good health really is contagious and it is called laughing!

How come laughing is contagious? According to scientific studies conducted by individual researchers at London University, there is a possible mechanism for contagious laughter. Positive sounds like laughter trigger a response in the area of the listener's brain which is activated when we smile, as though preparing facial muscles to laugh.

So, why laughing is good for health? When we laugh, firstly, our physiological state improves. Muscles throughout our face and body, contract; our heart rate rises and we breathe faster, sending more oxygen to our tissues. Furthermore, laughing lowers blood pressure. People, with high blood pressure, have a chance to reduce the risk of strokes and heart attacks.

Laughing reduces stress hormone levels. We benefit from reducing the level of stress hormones our body produces, because hormone-level reduction simultaneously cuts the anxiety and stress impacting our body. Additionally, the reduction of stress hormones in our body may result in higher immune system



performance through T cells which are specialized immune system cells just waiting in our body for activation. When we laugh, these T cells are immediately activated and begin to help us fight off sickness. It also triggers the release of endorphins, which are the body's natural pain-killers. So, simply by laughing, we can release endorphins that can help ease chronic pain.

The effects of laughing and exercise are in fact very similar. Laughing is a great cardio workout, especially for those who are incapable of doing other physical activity due to injury or illness. It gets the heart pumping and burns a similar amount of calories per hour as walking at a slow to moderate pace. A researcher from Vanderbilt University, conducted a small study in which he measured the amount of calories expended in laughing. It turned out that 10-15 minutes of laughter burned 50 calories.

Laughing is not only good for burning body fat and losing weights, what's more, is that it can help us tone our abs. When we are laughing, the muscles in our stomach expand and contract, similar to when we intentionally exercise our abs. Meanwhile, the muscles we are not using to laugh are getting an opportunity to relax.

Laughing is a very powerful cure for everyone; best of all, this priceless medicine is fun, free, and easy to use. So if you want to keep healthy, simply keep on laughing!







**TANGO IN THE NIGHT**  
Iberian explosion - knock everybody dead with this stunning evening ball gown.

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Set yourself apart from the crowd with this deep burgundy coat - simple but stylish.



**RAINDROPS KEEP FALLING....**  
Keep dry in style when all around are wet.



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**PERSONAL MATROSHKA**  
Keep that picture close to your heart with this charming pendant...



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Professional yet playful plum pea coat style.



**JOUR ELEGANCE**  
Whatever the occasion, impress your friends and colleagues with this fruity little number...



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Deep marsala leather and suede high heeled shoes.



**THE GENTLE TOUCH**  
Soft leather gloves to keep your fingers warm.

**DOT TO DOT**  
Marsala polka dot chiffon scarf.



**A TIME TO REMEMBER**  
Classy timepiece with textured marsala leather strap.



**GAME, SET AND MATCH**  
Classic style ivory & marsala handbag with handle and shoulder strap.



**RETRO FLARE**  
Midi length skirt in light jersey



**BURNING FLAME**  
Focus on the lips...



**ELEGANCE IN PLUM**  
Stylish leather jacket with button-less shawl collar



**SILVER TREE PENDANT**  
Unique silver pendant with garnet on a leather lace.



**CHARM OF THE ROSE**  
The alluring scent of rose is the best choice for a romantic date.





Heart of Ancient History and Good Taste, Marsala.



Marsala is an Italian town located in the Province of Trapani in the westernmost part of Sicily. It is the most populated town in Trapani District and the fifth in Sicily. The city has a rich historical heritage.

Marsala is built on the ruins of the ancient Carthaginian city of Lilybaeum (Marsala in latin), and an ancient Phoenician town is also located in the territory. The city was founded as a Carthaginian colony in 397 BC, and soon became an important naval base. Its position was ideally suited for that purpose, and the Carthaginians used it as the site for their landings in many of their attempts to conquer the island.

In 241 BC, after a great sea battle that also made possible the conquest of Trapani, Marsala was conquered by the Romans. The Romans called it Lilybaeum, which means the town that looks at Libya. Due to its strategic position, Lilybaeum under the Roman rule, economically flourished. Not surprisingly, the sea around Marsala has yielded many ancient treasures.

With Rome's fall, Vandals attacked and virtually destroyed Marsala in AD 440. It was already becoming a centre of Christianity. The city maintained its place as a crucial maritime port under Byzantine, Arab and Norman rule. To the Arabs it was Mars el'Allah, literally "Port of Allah (God)," hence Marsala.

Apart from ancient historical heritage, the region was always known for its fine grapes. Though, the one who introduced the wine business, was an Englishman called John Woodhouse. In a short time, this enterprize of Woodhouse turned out to be successful, and that encouraged other firms to establish wine business of their own. And so Marsala became home to a prosperous trade of wine which is also called Marsala.

Marcus Tullius Cicero, Roman writer, speaker, politician, rhetoric and one of the most famous philosophers of ancient Rome described the city of Marsala as “splendid city” in 75 BC.



The restaurants in the area offer some excellent cuisine to complement the distinguished Marsala wine.





*One of the most important things to see in Marsala is the warship preserved in the Museo Archeologico Baglio Anselmi. This gallery is the earliest warship known from archaeological evidence and allowed archaeologists to learn a great deal about ancient ships and naval warfare.*



## Visiting Marsala



Marsala is a coastal town in western Sicily, close to Trapani Airport. The town has ancient origins and some fine exhibits in its archaeological museum. It makes a practical base for a holiday, as it has a couple of good hotels, public transport connections to the other principal sights in this part of Sicily, and ferry services to the Egadi Islands.

The heart of Marsala is the piazza in front of the town's Duomo, which is dedicated to St. Thomas a Becket. This square, called Piazza della Repubblica or Piazza Loggia, is a pleasant place for a promenade or refreshments at the cafe opposite the cathedral. The Duomo has had an unlucky career, being rebuilt several times on its original Norman foundations. After a seventeenth-century reconstruction, the building collapsed in the nineteenth century, was restored, then was severely damaged again in Second World War bombing. The final touches were put to the facade in the 1950s.

Visitors interested in the local wine can find various bars and enoteche (from Italian-vine), where Marsala can be sampled and purchased. Look out for the word 'baglio', used for the local cellars and headquarters of wine production. Several of these can be visited, and for drivers, the area has been created as 'wine-road' for tourists the Strada del Vino Marsala, connecting wine-producers who offer guided tours and tastings.



## Bosch is 'Red Dot: Design Team of the Year 2015'

This year, the honorary title "Red Dot: Design Team of the Year" goes to Robert Sachon and the design team of Robert Bosch Hausgeräte GmbH at the Red Dot Gala in Essen, Germany. What makes this title special is that it is not possible to apply for the honorary title "Red Dot: Design Team of the Year", but it can only be received as a special distinction.

Design Zentrum Managing Director and founder of the internationally reputable Red Dot Award, Prof. Dr Peter Zec said: "Because they have such a good track record of top achievements as well as original, future-oriented accomplishments, I am proud to declare Robert Sachon's design team as the highly deserving winners of our distinguished honorary title. More than 200 'Red Dot' and 'Red Dot: Best of the Best' awards document this unique success story of Robert Sachon and the Bosch home appliances design team".

Recently, BSH, receiving the most design awards of all the home appliance brands worldwide, has significantly paved the way for the integration of future technologies. The decisive factors here are the creation of product networks and successful communication between the appliance and the user.

The award winners of previous years include well-known names such as Apple, BMW, Porsche and few others. "My team and I consider this award as a wonderful confirmation of our achievements", said Sachon. "It reveals that continuity and change do not have to be at all mutually exclusive. Our goal is to use this combination for creation of new, exciting products which will remain up to date for many years."



## New Customer Service Office is Ready to Serve the Consumers in Baku.



Bosch and Siemens's new customer service office in Baku—Baku Service Company was officially opened on the 6th of May. BSH Turkey CEO Norbert Klein, Regional Customer Service Vice President Umit Korkmaz, Central Asia & Middle East Customer Service Manager Ömer Sert and Central Asia/Caucasus Sales Manager Ahmet Dalgic took part in the opening ceremony.

Azerbaijan has been a very important strategical market for BSH since 1990s. High sales potential growth, fast changing life conditions and constantly growing end consumer demands in Azerbaijan serve as a great stimulus for continuous development of new Bosch and Siemens products as well as services. "Selling high-technology & quality products alone, is not enough to get the job done..." underlines Mr. Klein "...We also need to provide very high quality customer services for our consumers. This, we have guaranteed with high level services at 35 different points over the whole Azerbaijan, including 8 points in Baku alone."

During the opening ceremony some other important customer service issues, such as free installation, customer satisfaction survey, 'replacement product' application for products in repair, 'service on duty' application during Sundays & nights were further emphasized.



## Norbert Klein - CEO of BSH Turkey, Visited Georgia



On the 25th of June, CEO and Member of the Executive Board of BSH Bosch Home Appliances Turkey, Norbert Klein visited Georgia. The main aim of the visit was to essentially compliment on increasing pace of Bosch development in Georgia despite the crisis in the region. "I am pleased that our brand is represented by the market leader in retail of household appliances in Georgia - Elit Electronics" explained Mr. Klein, putting his gratitude in words.

Bosch reached high growth in recent years - sales wise and importantly in turnover. Annual average growth in turnover is 15%, and this proves that Bosch has successfully achieved a sustainable growth rate in Georgia. Apart from sustainable growth in financial terms, Mr. Klein further emphasized that one of the terms for development of sustainable growth is to create technologies which preserve the environment not only for the present generation, but for the future generation as well. Bosch totally meets these requirements and creates technologies for life, realizing main ideas of sustainable growth.



# Marsala in nature



Marsala color becomes evident during any transitional state within the nature as it appears either during beginnings or ends...

# Marsala in beauty



Marsala is an incredibly versatile color for beauty. It is an appealing and sophisticated shade that's flattering against many skin tones, which in particular provides enormous highlight for the cheek, and a captivating pop of color for nails, darkens lips and hair.

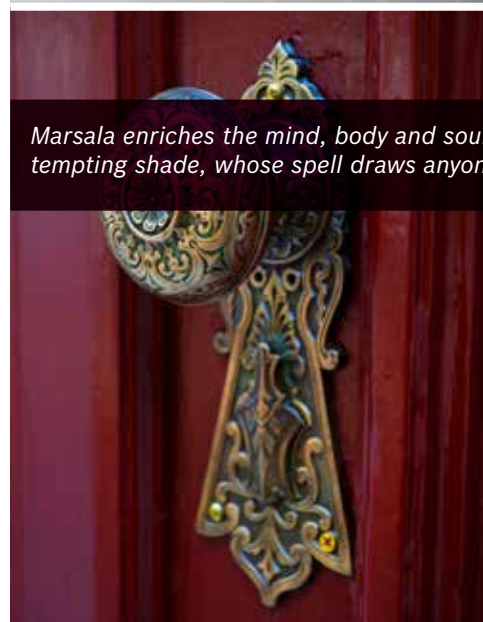
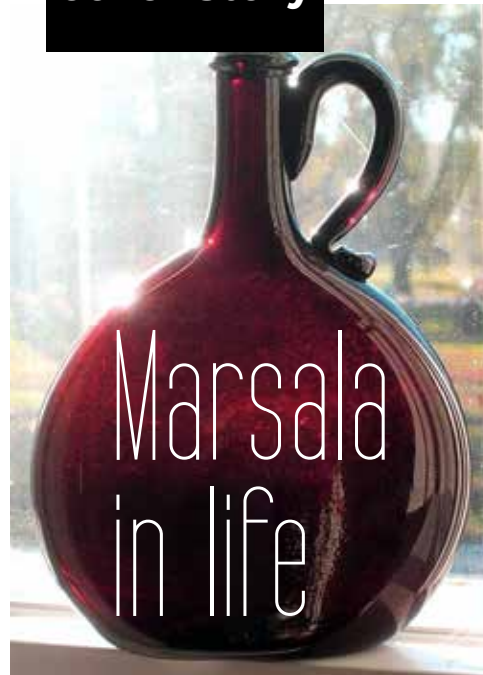


# Marsala in decoration



Marsala provides a unifying element for interior spaces. It adds elegance to any room when incorporated with accent pieces, accessories and paint. Marsala's plush characteristics are enhanced especially when the color is applied to textured surfaces, which makes this rich color an ideal choice for rugs and upholstered living room furniture.





*Marsala enriches the mind, body and soul, radiating confidence and stability. Marsala is a subtly tempting shade, whose spell draws anyone into its embracing warmth.*

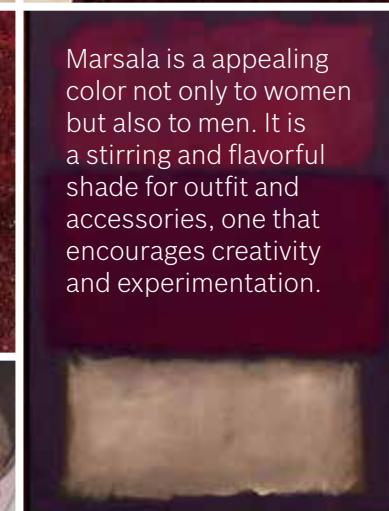
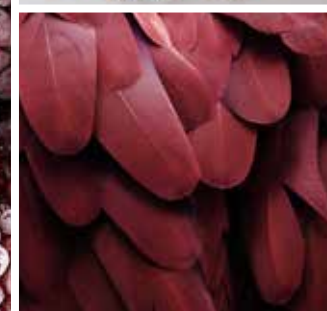


The color of vibrancy and determination, red; the color of earth and naturalness, brown; and the color of nobility, prestige and luxury, purple when all these colors and each of their unique features combined, emerges a hue of perfection in all glory: Marsala...

A hue as tasteful as the world-famous wine that gives Marsala its name, embodies the satisfying richness of a fulfilling meal while its grounding red-brown roots emanate a sophisticated, natural earthiness. This hearty, yet stylish tone is universally appealing and translates easily to fashion, beauty, industrial design, home furnishings and interiors. This highly varietal shade combines dramatically with neutrals, including warmer taupes and grays. Because of its burnished undertones, Marsala is highly compatible with amber, umber and golden yellows, greens in both turquoise and teal, and blues in the more vibrant range.

Eye-catching, but not overwhelming or bright Marsala is a popular choice for jewelry and fashion accessories, including handbags, hats, footwear and also for wearable technology.

When it comes to make-up, Marsala pairs perfectly with 90's monochromatic mixes, and sparkles against antiqued gold metallics, offering an assortment of lipstick and blush options. Marsala illuminates a range of smoky-neutral color combinations, making it a captivating eye shadow color that can be worn from morning until night. Add an overlay of bronze for a dramatic look that suits any eye color, or use Marsala as a go-to finishing touch on nails.



Marsala is a appealing color not only to women but also to men. It is a stirring and flavorful shade for outfit and accessories, one that encourages creativity and experimentation.





# Think of all those hours you waited for your laundry to dry...

And now forget them all! Because Bosch tumble dryer is as efficient as it is careful with delicate laundry.





## The Most Adorable Way to Dance, Babywearing Ballet.

Babywearing Ballet is a post-natal fitness activity designed to help the new mother strengthen, tone and stretch her body while also strengthening her bond with her new baby. Each class aim to focus on the proper technique required to stretch muscles by emphasizing proper posture for both ballet and babywearing.

Whether you have danced ballet in the past or you've only dreamt of it, it does not matter; babywearing ballet class is open for everyone, and it requires absolutely zero ballet knowledge since you will be following the instructor all the time. It is recommended that the baby should be at least 6 – 8 weeks old, to ensure that he is able to support his head and neck.

A babywearing ballet class is approximately 60 minutes long. The class consists of light strengthening exercises at the ballet barre. During these series of exercise, there will be no bending over, jumps or turns to ensure the safety of the baby in the carrier. In the last 15 minutes of the class, the baby will be taken out of the carrier in order to perform some core work and stretching exercises while holding the baby.

Wearing comfortable clothes and a comfortable baby carrier is crucial. For the outfit, it is recommended to wear yoga pants, leggings or tights and athletic tops. As for the feet, ballet shoes or socks are often preferred due to traction issues but you can use bare feet as well. When it comes to picking the right supportive baby carrier, you should avoid sling models, allowing your arms to be able to move more freely during the class.

*Babywearing ballet is a great way to begin a light fitness program after having a baby. You can get fit while carrying your baby!*

In every aspect, babywearing ballet is a fun and healthy activity for both you and your baby. American pediatrician and the author of more than 30 parenting books, William Penton Sears, says: "It's only natural that dancing calms babies. Their whole uterine existence was a moving experience. Babies crave movement after birth because it is the norm for them. Being still disconcerts babies. They don't understand it and it frightens them."

*Enjoying a ballet class with your baby will help to reignite self-confidence and grace while inspiring you to love the art in yourself. By sharing this special time with your baby and other mothers, you are also going to be a part of community of respect, strength and creativity.*



# The Jerome Bixby's Man from Earth

**Genre:** Drama, Sci-Fi  
**Director:** Richard Schenkman  
**Stars:** David Lee Smith, Tony Todd, John Billingsley  
**Language:** English  
**Release date:** 2007  
**Runtime:** 87 min.

"A unique blend of theology, biological fantasy and mind games."

Andrew L. Urban  
 Urban Cinefile

The Man from Earth is loosely based on the Transylvanian legend of Krim Rosü, a man said to have lived thousands of years.

The film begins with Professor John Oldman packing his belongings onto his truck, preparing to move to a new house. His colleagues show up to give him a surprise farewell party: Harry, a biologist; Edith, an art history professor and devout Christian; Dan, an anthropologist; Sandy, a historian who is in love with John; Dr. Will Gruber, a psychiatrist; Art, an archaeologist; and his student Linda.

As John's colleagues force him to explain the reason for his departure, he slowly, and somewhat reluctantly, reveals that he is a prehistoric caveman who has lived for more than 14,000 years, and that he moves away every ten years to keep others from realizing that he does not age. He furthermore claims to have known many historical figures, including Christopher Columbus and Van Gogh. His colleagues refuse to believe his story. In the course of the conversation, each of John's colleagues question his story based on knowledge from their own academic specialty, however, they fail to disprove John's points, each time.

The discussion turns to the topic of religion. John reluctantly reveals that, in trying to bring Buddha's teachings to the West, he became the inspiration for the Jesus story. After this revelation, emotions in the room run high. Edith begins crying. Will asks John to end his tale and give the group a sense of closure by admitting it was all a hoax. John appears to ruminate over his response before finally apologizing to everyone for leading them on. After everyone but Will and Sandy has left, Will overhears John and Sandy's conversation, which suggests the story was true after all. John mentions some of the pseudonyms he has used over the years, and Will realizes one was his father's name. Shocked to realize the ageless man is his own father, Will suffers a heart attack and dies.

The screenplay of the film was conceived by Jerome Bixby in the early 1960s and was completed on his death bed in April 1998. After Jerome Bixby's death the script was given to Richard Schenkman to direct on a budget as low as \$200,000. The film gained recognition after being widely distributed through internet networks without permission, such that the producer Eric D. Wilkinson publicly thanked users of these networks, saying that the illegal distribution has lifted the profile of the film far beyond the financier's expectations.



**Harry:**  
 "Supernatural."

**Art:**  
 "Supernatural... Everything that happens, happens within nature whether we believe it or not."

**John Oldman:**  
 "Like a fourteen thousand year old caveman?"





# How did Kitchen Machines Evolve?

Mincing, slicing, chopping, squeezing, whisking, mixing, kneading, and so on...

Kitchens have always been the most essential part of a living space since the dawn of humanity, hence food preparation was the most important duty for primitive humans. As people established communities in towns, food had to be prepared for large groups. Therefore, kitchen and kitchen tools for food preparation have become vital.

In times when there were no kitchen machines of all kinds, all the food processing steps were done by hand. People who had to prepare meal say, three times a day, used to have no choice but to spend the entire day in the kitchen. Such a waste of time and effort... However, as early as the mid-1800s, people started taking the matter seriously and began looking for new and innovative ways to process food. During 1900s, first generation complex kitchen machinery, that particularly serve to simplify food processing, appeared for the first time. These instruments were of course nothing like what we have in our kitchens today, even so they revolutionized food processing and more importantly, paved the way for modern kitchen machines. Evolution of kitchen machines never faltered ever since, and today, companies like Bosch constantly improve their technologies and designs of kitchen machines to make life easier in kitchen.

*In late 40's, small kitchen machines appeared here and there, however when it comes to 50's and 60's, mixer and blenders popped out in every kitchen, very rapidly.*

With 60 years of experience in kitchen machines, Bosch created one of the most powerful and reliable kitchen machine to meet the highest demands of food preparation. It is the new MaxxiMum. This capable piece of design-wonder, possesses a motor power of 1600 watt ands and practically, it can process any food. Though, what makes MaxxiMUM 'special' is not just the power but the unique features and countless accessories it presents. One of these features is the improved 3D PlanetaryMixing system. This system allows ingredients to mix perfectly thanks to mixing motions in three directions at once. And with smart dough sensor, it can process heavy bread doughs or light sponge mixtures. Moreover, with wide range of accessories like VeggieLove, PastaPassion, VitalEmotion and many more, MaxxiMUM is capable of suiting every taste.

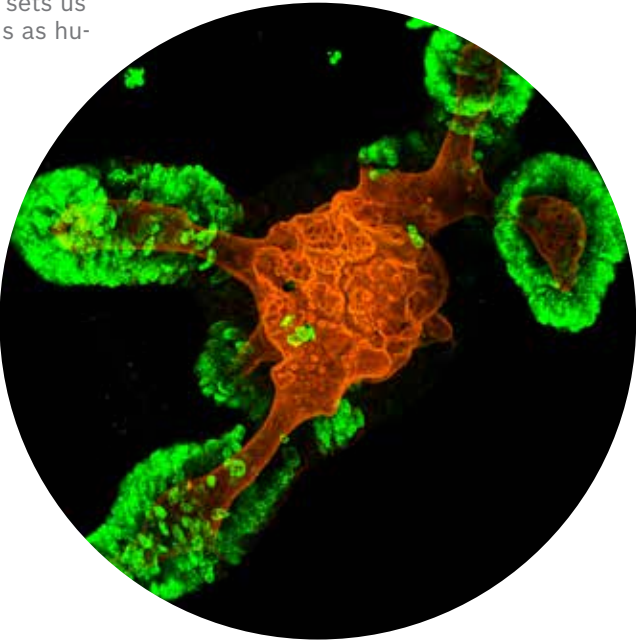
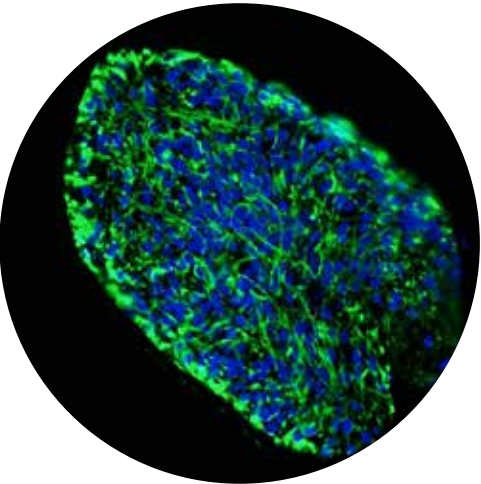
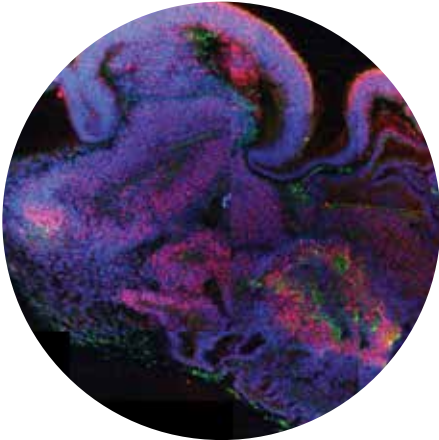


# Solving the Ultimate Puzzle, Human Brain...

The human brain is an extremely complex system. It consists of an immensely diverse array of neurons. This complexity has made studying the brain and understanding the way it works a challenging task for decades. Fortunately, a biochemist from Institute of Molecular Biotechnology of the Austrian Academy of Science, Madeline Lancaster, figured out a way to keep neurons growing in a petri dish until they develop living, human brains organoids.

The process of recreating a brain organoid begins with a skin cell taken from an adult. With the right biochemical stimulation, that cell can be turned into an induced stem cell that can mature into one of different types of cells and then, into a neuron. This breakthrough makes it possible to do things that were impossible before. Now, scientists can directly see how networks of living human brain cells develop, function, and how they react to various drug compounds or genetic modifications.

The purpose of creating artificial brain cells is to study neurologic diseases in a more simple and variable environment. This way, this new method of growing human brain cells could unlock the mysteries of dementia, schizophrenia, autism, epilepsy and many other mental or neurological disorders. Moreover, it can help us figure out what happens in our brain that sets us apart from animals and what it is that differentiates us as human.



# Autumn Tart with Cinnamon Pastry

A very berry dessert that showcases sweet red fruit over a golden pastry base.

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### INGREDIENTS

- 400g white chocolate, broken into tablets
- 100g ground almonds
- 2 eggs
- 80g (1/4 cup) raspberry jam
- 125g fresh raspberries
- 125g fresh blueberries
- 2 blood plums, stoned, each cut into thin wedges, wedges halved
- 2 tablespoons dried breadcrumbs
- Caster sugar, (to sprinkle)
- Pouring cream, (to serve)

### For cinnamon pastry:

- 200g unsalted butter, finely chopped
- 55g (1/3 cup) icing sugar, sifted
- 2 teaspoons ground cinnamon
- 3 hard-boiled eggs, whites discarded
- 60g (1/2 cup) ground almonds
- 300g (2 cups) plain flour

### PREPARATION

For pastry, process butter, sugar, cinnamon and egg yolks until combined. Add ground almonds, flour and mix until small clumps appear. Cut the pastry into 8 rectangle pieces, then freeze in plastic wrap for 1 hour. Meanwhile, to make white chocolate filling, process 300g chocolate and almonds until chopped. Add eggs, mix until combined, then set aside. Grate the pastry, then press it with the side of a tart pan. Repeat with remaining pastry and freeze them for 15 minutes. Preheat your oven to 190 degree. Meanwhile, spread 1 teaspoon of jam over the base of each tart shell. Then press the chocolate filling over each shell. Combine remaining chocolate cubes with berries, plums and breadcrumbs in a bowl. Spoon the fruit topping over it. Place them on tarts inside oven and bake for 30 minutes. Sprinkle tarts with sugar and stand for 15 minutes. Serve warm with cream.

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